

Hebrews

Chapter 1 (1 - 4)

At various times in the past and in various different ways, God spoke to our ancestors through the prophets. But in our own time, he has spoken to us through his Son, through whom he made everything.



He is the radiant light of God the Father's glory. He has sacrificed himself for sinners. He has taken his place at the right hand of the Father. He

is far greater than any angel. **Jesus, deepen my understanding of who you are**

Chapter 2 (14 - 18) The Son did not become an angel. He became a man, so that he could die for us. By his death he took away the power of the devil. He himself experienced temptation. He is able to help us when we are tempted. **Jesus, when I am tempted to do something wrong, please help me say "no"**

Chapter 3 (1 - 13) Focus on Jesus, the apostle and high priest of our religion. He was faithful to the one who appointed him, just like Moses.

Take care not to turn away from the living God. Keep encouraging one another, so that sin does not cause you to turn away from God.

Jesus, help me stay focused on you

Chapter 4 (12 - 16)

The word of God is something alive and active. It goes deep into our hearts.

In Jesus we have the supreme high priest who is now in the highest heaven. He knows how weak we are. He himself was tempted in every way, but did not sin. Let us be confident in approaching his throne of grace. He will give us grace when we are in need of help.

Jesus, our high priest, help me when I'm weak

Chapter 6 (11 - 19)

May every one of you persevere in your Christian life. Never give up. Remember how Abraham persevered in following God, despite so many difficulties. Take a firm grip on the hope that is held out to us by God. This hope is an anchor for us, a lifeline going right up to heaven.



Jesus, you are my anchor. You are my lifeline

Chapter 7 (1 - 28)

Melchizedek was king of Salem and a priest of God. He blessed Abraham. Abraham gave Melchizedek 10% of all he had.

Melchizedek's priesthood continued down the ages in people dedicated to the service of God. It reached its perfection in the Son of God, the Eternal High Priest.

The Son of God, our Lord, did not come from the priestly tribe of Levi. Everyone knows he came from the tribe of Judah. This is because he established a new priesthood, coming not from Levi, but from Melchizedek. This is why the prophecy was made of him "You are a priest of the order of Melchizedek, for ever".

Jesus' priestly power to save us is utterly certain, since he is living for ever to intercede for all who come to God through him.

Jesus, Eternal High Priest, please help all pastors and priests be more like you every day



Chapter 8.9 - 9.14 Jesus' priesthood is part of the new covenant predicted in the Scriptures:

"See, the days are coming - it is the Lord who speaks - when I will establish a new covenant with the House of Israel"

Christ has come as High Priest of all the blessings that were predicted. He has offered not the blood of animals like priests of the old covenant, but his own blood, by which he won our redemption

His blood can purify our inner self from dead actions, to help us in our life of dedication to the living God.

**Jesus, by your precious blood,
purify my heart and protect me**

Chapter 10 (21 - 25)

Jesus is the supreme High Priest of the whole house of God. As we enter that house, let us have sincere hearts that are filled with faith and hope

Let us be concerned for each other, encouraging each other to do good

Do not stay away from the meetings as some people do, but encourage each other to attend.

Jesus, may my life encourage others to do good



Chapter 10 (32 - 39)

Remember all the suffering you experienced after you became Christians - the insults and violence, the loss of your possessions.

Don't give up now. Keep going in your Christian life. You and I are not the sort of people who give up. We are the sort of people who stay faithful until our souls are saved.



Jesus, help me keep going, despite difficulties

Chapter 11.1 - 12.15 Only faith can keep us going. Only faith kept Abraham going. Only faith gave perseverance to famous people in the Scriptures. So many of them were weak people who were given strength by God, to be brave when life became difficult. With so many witnesses in a great cloud all around us, we too should keep running in the race we have started. We should get rid of everything that slows us down. Keep focusing on Jesus. He is running beside us. His example going to the cross gives us courage. Try to live at peace with everyone. Don't let any seed of bitterness begin to grow and make trouble. This can poison a whole community.

Jesus, may I remember your presence in my heart

Chapter 12.18 - 13.6

Your ancestors were at Mount Sinai when God spoke to Moses. But you already have one foot in the city of the living God, the heavenly Jerusalem, where millions of angels gather in praise.

So, continue to live a life of love and hospitality. Keep in mind those who are in prison, as though

you were in prison with them. Keep your marriage undefiled. Avoid greed.

Be content with what you have. **Jesus, help me**



remember heaven and people in prison

Chapter 13 (8 - 21)

Jesus Christ is the same today as he was yesterday and as he will be for ever. Do not let yourselves be led astray by strange doctrines that teach a different Jesus.

Jesus died outside the city.

Let us go to him and share his rejection. Our life in

this world is a temporary

arrangement, like a tent. We look for a permanent home in the life to come. Keep doing good works and sharing your resources.



God of peace, you brought Jesus back from the dead to be our Shepherd and Priest. Make me ready to do your will in any kind of good action.