# **Philippians**

### Chapter 1 (1 - 9)

From Paul and Timothy, servants of Christ Jesus, to all the believers in the Church at Philippi. We wish you the grace and peace of God our Father and of the Lord Jesus Christ.

I thank God whenever I think of you. Every time I pray for you, I pray with joy, remembering how you helped to spread the Good News. You have a permanent place in my heart. God knows how much I miss you. I love you as Christ Jesus loves you. My prayer is that your love for each other will increase more and more, helping you always to know what is good and to avoid what is bad. Jesus, thank you for all the people who have a

Jesus, thank you for all the people who have a permanent place in my heart

### Chapter 1 (13 - 25)

My chains have become famous and have given courage to many other believers. Many others are now becoming more daring in announcing the Message without fear. I hope and trust that I will always have courage for Christ to be glorified in my body, whether by my life or by my death. My heart wants to go two ways. One part wants to depart this world and live for ever with Christ in heaven. The other part wants to stay in this world to help more people to know the Lord.

Jesus, give me courage to spread the Good News

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## Chapter 1.27 -2.4

Avoid anything in your everyday lives that would be unworthy of the Good News of Christ.

Be united in your convictions, and united in your love. There must be no competition among you, no conceit. Everyone should be self-effacing. Always regard others as better than yourself. Put others' interests before your own.

Jesus, help me say "no" to anything unworthy of your Good News

#### Chapter 2 (5 - 11)

Though you were God in state divine, you did not cling to what you were. No, you shed your glory's shine, so as to live just like a slave.

You came on earth in human form, and you shared our troubled life. A humbler man there never was, even in death obedient. Yes, Lord, death upon a cross, yes, upon a cross

Therefore are you raised on high, and you have the name of names. At that name should bend the knee, and tongue confess: Jesus Christ is LORD. To the glory of God the Father

(www.simplebible.info/Bible%20Artwork/phil2.6.htm)

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Chapter 2 (13 - 16) It is God who gives us the spiritual energy to be good and to do good. Don't be someone who is always complaining and arguing. Live a life of light in our dark world. May your life of light offer the world the word of life. Jesus, help me avoid complaining and arguing

Chapter 3 (7 - 11) Because of Christ, I have come to consider all my former advantages as a scholar as disadvantages. Nothing is more important than knowing Christ Jesus my Lord. For him I have accepted the loss of everything, and I look on everything as so much rubbish if only I can have Christ. All I want is to know Christ and the power of his resurrection. I want to share his sufferings by carrying the Cross with him. This is the way I can hope to receive eternal life. Christ Jesus my Lord, knowing you is No. 1

Chapter 3 (12 - 14) I am not yet perfect. I have not yet won the race. But I am still running,



trying to capture the prize for which Christ Jesus captured me. I forget the past, and strain ahead for what is still to come. I am

racing for the finish, for the prize to which God calls us to receive in Christ Jesus. **Jesus, please** help me keep running each day! 265

## Chapter 3.20 - 4.1

Our homeland is in heaven. We wait for the Savior from heaven who will transfigure these wretched bodies of ours into copies of his glorious body. He will do this by the same power he has as C.E.O. of the universe. So, do not stop running, but remain faithful in the Lord.

## Jesus, please increase my longing for heaven Chapter 4 (4 - 9)

I want you to be happy, always happy in the Lord. Let your tolerance be evident to everyone. If there is anything you need, with prayer and thanksgiving ask God for it.

Fill your minds with everything that is true, everything that is noble, everything that is good and pure, everything that is worthwhile.

Then the God of peace will be with you.

Jesus, please fill my mind with good things Chapter 4 (11 - 20)

I have learnt how to manage on whatever I have. I am ready for anything anywhere: full stomach or empty stomach, poverty or plenty. There is nothing I cannot master with the help of the One who gives me strength.

I thank you my friends for supporting me financially, especially when I was in great need. Jesus, please bless everyone who has helped me in any way since the day I was born

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