

# Romans

## Chapter 1 (1 - 7)

From Paul, a servant of Christ Jesus, who has been called to be an apostle, and specially chosen to preach the Good News. This news is about the Son of God who, according to the human nature he took, was a descendant of David

This news is about Jesus Christ our Lord who, by his resurrection from the dead, proved he was the Son of God. From him I received my mission to preach the obedience of faith to non-Jewish nations. You are one of these nations. You belong to Jesus Christ



To you who are God's beloved friends in Rome, may God our Father and the Lord Jesus Christ give grace and peace

**Jesus, Son of God, may all nations know and love you**

## Chapter 1 (8 - 16)

I thank God for the way people everywhere speak of your faith. I never fail to mention you in my prayers. I pray for the opportunity to visit you if God wills. I long to see you to encourage you and to be encouraged by you. For I am not ashamed of the Good News. It is the power of God saving everyone who has faith, Jews first then everyone else. **Jesus, help me to pray for others the way Paul prayed for others**

## Chapter 1 (18 - 25)

Everyone needs the Good News, especially people who put truth in prison. Ever since the



world began, people could know God by seeing the wonders of creation. But even though they saw the

beauty of creation, they refused to honor the Creator. They replaced honor for God with honor for images of men and beasts. They worshipped a god they made instead of God who made them.

**Jesus, may the beauty of creation help people know you and your Father and the Holy Spirit**

## Chapter 1 (26 - 32)

Refusing to honor the Creator is why people's behaviour went bad: why women turned from natural intercourse to unnatural practices, and why men gave up natural intercourse to be consumed with passion for each other, men doing shameless things with men, and getting an appropriate reward for their perversion. Since people refused to honor God, they have dishonored themselves.

**Jesus, help people not be misled by false teaching which says that a "gay" lifestyle is ok**  
(See: "Can Homosexuality Be Healed?", by F. MacNutt)

## Chapter 2 (13 - 29)

People become holy in God's sight by doing what is right. Listening to God's Law is not enough. We have to put it into practice in our lives. Non-Jewish people who follow a good conscience and do what is right, have God's Law engraved on their hearts.

What matters is not circumcision of the body, but circumcision of the heart. The real Jew is one who is a Jew in his heart.

**Jesus, help me to love you with all my heart.  
May my love for you not be just something  
external, but something real, in my heart**

## Chapter 3 (20 - 24)

Only by faith in Jesus can we really become holy in God's sight. This faith is a free gift of God's grace to us. Only when Jesus is in our hearts, can our hearts become holy in God's sight



**Jesus, please live in my heart! May you live in me, and I in you**

## Chapter 4 (1 - 25)

Remember our ancestor Abraham.



He put his faith in God, and this was how he became holy. We too must put our faith in God the Father who raised Jesus

from the dead to make us holy

**Jesus, please increase my faith.  
Help me believe like Abraham**

## Chapter 5 (1 - 5)

By faith and through Jesus we can live in the friendship of God. We look forward to heaven and an end to all suffering. In the meantime our suffering teaches us patience. Patience produces perseverance. Perseverance produces hope. This hope is not imaginary. It's real, since the love of God has been poured into our hearts by the Holy Spirit who has been given to us.

**Jesus, through your Holy Spirit,  
please give me more hope**

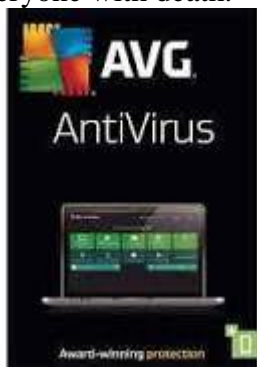
## Chapter 5 (12 - 21)

Through one man, Adam, the virus of sin entered the world, and sin infected everyone with death.

Through one man, Jesus, the divine anti-virus of grace entered the world, and brought the gift of eternal life to everyone who allows it to be installed in their heart.

The divine anti-virus of grace is more powerful than any sin virus

**Jesus, please download and install in my heart  
your anti-virus program of grace**



## Chapter 6 (3 - 11)

When we were baptized, two things happened:



**1:** We went into Jesus' tomb and joined him in death. We died.

**2:** We rose from the dead with Jesus. We came back to life. This dying and rising means we have died to sin,

and risen to a new life. We died to an old life, and we came back to a new life. We have been re-born, born again

**Jesus, please help me leave my old life behind.  
Help me live a new life with you**

## Chapter 6 (12 - 23)

Do not let sin control your life

Always remember which team you play for:  
God's Grace Guys,  
not Satan's Sin Side



Playing for SSS is a recipe for death.

Playing for GGG

leads to eternal life in Christ Jesus our Lord

**Jesus, help me remember I'm on your team**

## Chapter 7 (14 - 25)

Even though I'm on God's team, I don't always play as well as I should. At times I cannot understand my behavior. I fail to do good things, and I find myself doing bad things. It's as if there is a battle going on inside me. In my heart I dearly love God, but my will is weak, and I do things that I know are wrong. Who can help me keep going? Who can fix up things in my life?

Jesus can. He is the one who sorts out things in my life, and changes chaos into order, by the working of the Holy Spirit

**Jesus, my life is in your hands.**

**Please arrange my life  
the way you want to**



## Chapter 8 (9 - 13)

You are on God's team.

God the Father is the manager. Jesus is the

captain. The Holy Spirit is the coach, a coach living in your heart. If the Spirit of him who raised Jesus from the dead, is living in you, then he who raised Jesus from the dead will help you live a risen life. By the grace of the Holy Spirit you can stop doing bad things.

**Holy Spirit of Jesus, Holy Spirit of the Father,  
fall afresh on me!**      229 Romans

## Chapter 8 (14 - 21)

Everyone moved by the Spirit is a child of God. The Spirit lets us use children's language to speak to God tenderly as "Abba, Father".



Since we are God's children, we are also his heirs, coheirs with Jesus, sharing his suffering so as to share his glory. What we suffer in this life can never be compared with the

glorious life we will have in heaven. The whole of creation looks forward to sharing the same glory, to sharing immortality.

**Abba, Father, may everyone love and honor you. Help everyone get to heaven**

## Chapter 8 (26 - 29)

When we are not sure of what to say in prayer, we ask the Spirit to pray in us. We know that by turning everything to their good, God blesses everyone who loves him. God the Father wants us to become living images of his Son, so that his Son will be the eldest of many brothers and sisters

**Jesus, brother Jesus, please help me to be more like you**      230    Romans



## Chapter 8 (35 - 39)

Nothing can separate us from the love of Jesus, even if we are in big trouble of any kind. By the power of Jesus who loves us, we can get through any trouble

**Jesus, when I am in trouble, help me remember your love**

Sometimes  
when things are  
falling apart  
they may  
actually be  
falling into place.

## Chapter 9 (1 - 5)

There is a great sorrow in my heart. It's with me day and night. It's the situation of the Jewish people, how they will not accept the Anointed One.

I am willing to do anything to help them accept Jesus. I am willing to undergo the greatest suffering if that would help them believe

They are my nation, my family. They have been so blessed by God. From their flesh and blood came Christ, who is God

**Jesus, God-made-flesh, I pray with Paul that the Jewish people will believe in you**

## Chapter 10 (1 - 4)

I have a really great love for the Jews. I pray to God for them to be saved. They have a strong belief in God, but their zeal is misguided

They can't see that friendship with God is a gift from God, not just a matter of external practices

**Jesus, some people have mixed up ideas about religion (.. Mormons, Jehovah Witnesses). Help them know the truth as you revealed it**

## Chapter 10.9 & Chapter 11.33-36

If your lips confess that Jesus is Lord, and if you believe in your heart that God raised him from the dead, then you will be saved.

How wonderful is God !

How great his wisdom and knowledge. What finite creature could ever

understand the mind of our infinite Creator? All that exists comes from him. To him be glory for ever!

**Jesus, Father, Spirit - three persons, one God - to you be glory for ever!**



## Chapter 12 (1 - 2)

I beg you, trust in God's mercy, and worship him in a spiritual way, not just in an external way. Offer your whole life to him as a holy sacrifice.



Do not blindly follow the fashions of the world. Instead, let your behavior change, fashioned by your enlightened mind

This is the way to discover the will of God, the way to know what God wants us to do.

**Jesus, help me give more time to things that are important, less time to things not so important**

## Chapter 12 (9 - 13)

Do not let your love be superficial, but sincerely prefer good to evil. Have a family love for each other, and a profound respect for each other. Persevere in your love for the Lord and your service of the Lord. Hope will make you cheerful. Do not give up when trials come. Keep on praying. Help people who are in need. Make hospitality your special care

**Jesus, please help me grow in love. Help me love you and other people a bit better**

## Chapter 12 (14 - 21)

Pray for people who are unkind to you. Be kind to them. Rejoice with those who are happy. Console people who are sad. Treat everyone with kindness. Never be condescending. Make real friends with the poor. Do all you can to live at peace with everyone. Resist evil and conquer it with good.

**Jesus, I pray for (..name..) who was unkind to me**

## Chapter 13 (1 - 7)

Be a good citizen. Respect all civil authorities. Authority comes from God and is answerable to God. Don't break laws. Live honestly. Fulfill your obligations as a citizen. Pay your taxes.

**Jesus, please help me be a good citizen**

## Chapter 13 (8 - 9)

Avoid getting into debt, except the debt of love we owe each other. Love other people as you should, and you will keep all the commandments. All the commandments concerning other people - You shall not commit adultery, you shall not kill, you shall not steal etc - are summed up in the words "You must care about your neighbor as much as you care about yourself".

**Jesus, help me care about others  
as much as I care about myself**

## Chapter 13 (12 - 14)

Let us stop our bad behavior of the past:  
drunken orgies, immorality, quarreling, jealousy

Let us live good lives.

Let the Lord Jesus protect and help us

**Jesus, please help me give up bad behavior**

## Chapter 14.7 - 15. 2

The life and death of each of us,  
has its influence on others

If we live, we live for the Lord.

If we die, we die for the Lord.

Alive or dead, we belong to the Lord

Never pass judgment on other people.

Never treat other people with contempt

The kingdom of God is not about  
eating special food.

The kingdom of God is about friendship with  
God, and peace and joy in the Holy Spirit

Do whatever you can

to help other people become stronger Christians

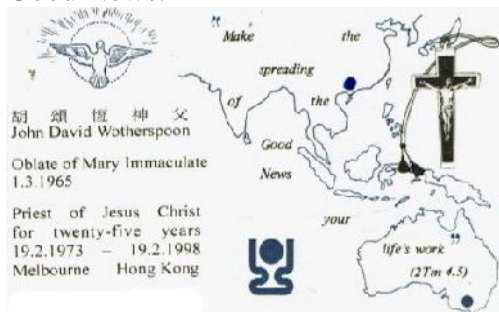
**Jesus, please help me be a good Christian**

## Chapter 15 (4 - 13)

Learn hope from the Scriptures, from the example of people who did not give up, and were helped by God. May the God of hope bring you such joy and peace in your faith, that the power of the Holy Spirit will remove all bounds to *hope*.

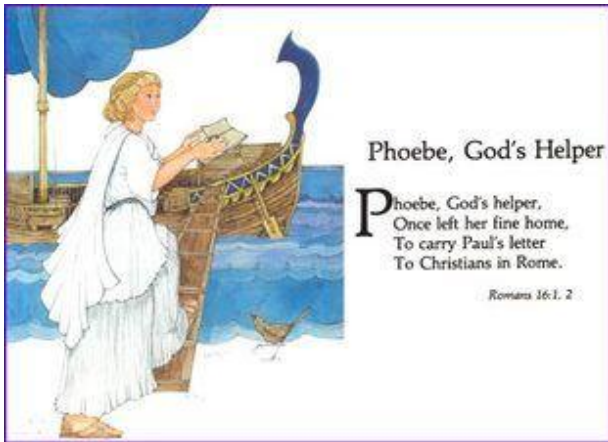
**Holy Spirit of God, help me understand that no situation in this life is ever *hopeless*, that you can enlighten even the darkest place**

**Chapter 15 (15 - 33)** The reason I have written to you is to encourage you in your faith. This is my job from God. He has appointed me as a priest of Jesus Christ. I must do all I can to spread the Good News.



I hope to see you on my way to Spain. Please pray for me that I may be protected from people who want to eliminate me. **Jesus, help me do all I can to spread your Good News**

## Chapter 16 (1 - 25)



Please welcome our friend Phoebe, a deaconess in the church at Cenchrea. She has helped many people, including myself. Greetings to all my friends in Rome, especially Prisca and Aquila, my fellow workers in Christ Jesus, who risked death to save my life. Be careful of people whose teaching is suspect. Avoid them

Glory to him who is able to give you strength to live according to the Good News

**Jesus, help me live according to your Good News. Thank you for the beautiful letter to the Romans**